



We've Got Your Back: Support For First Responders

First responders face multiple unique and stressful circumstances. These can have a negative impact on **your life** and your family. **Canopy** offers **specific services** to address your needs. For more than **40 years**, we have worked with first responders, civilians, and family members.

All services are **100% confidential**.

Specialized Network:

We have developed an extensive specialized network of providers who are experienced with the specific issues that firefighters and their families face every day. Through our database, we can easily connect first responders and their family members to these contracted providers. We prioritize referrals to our EAP counselors who are also in-network with member's medical insurance plans to ensure continuity of care whenever possible.

Certified Financial Coaches

Financial coaches provide objective, confidential, and collaborative guidance to achieve your financial goals. Available to provide debt counseling, retirement planning, or help you improve credit.

Legal Help

Speak confidentially with a local attorney to manage concerns such as family law, real estate, civil matters, and more. You also have access to a Will Kit Questionnaire and online legal tools.

Childcare and Eldercare Resources

Handle time-consuming, day-to-day tasks with one, quick outreach. We'll do the research and send options back to you within two business days.

First Responder Self-Help Resources

A specialized collection of assessments, videos, self-use modules, and interactive tools available through our members' only website. To access, visit **my.canopywell.com** register as a new user and navigate to the "First Responder" tile. Topics include: Mental Health Resources, PTSD Resources, Managing Stress, Substance Abuse, SuicidePrevention, Family Life, and Financial Resources.

Get Started Now: Crisis Counselors

Available 24/7/365



SCAN ME



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Public Safety EAP

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