

We've got your back

**1 in 5 adults experience
a mental illness**

SUICIDE DOES NOT DISCRIMINATE

People of all genders, ages, and ethnicities can be at risk

Suicidal behavior is complex and there is **NO SINGLE CAUSE**; many different factors contribute to someone making a suicide attempt

EARLY DETECTION of symptoms can prevent them from worsening

Help is available

If you or a loved one have thoughts of death or suicide, please call Canopy at 800-433-2320

Counselors are available 24/7

To learn more about suicide, including warning signs and prevention, log into the EAP Member Site at my.canopywell.com



CONSTRUCTION
INDUSTRY
EAP
powered by:  Canopy

call: 800-433-2320
text: 503-850-7721
email: info@canopywell.com



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